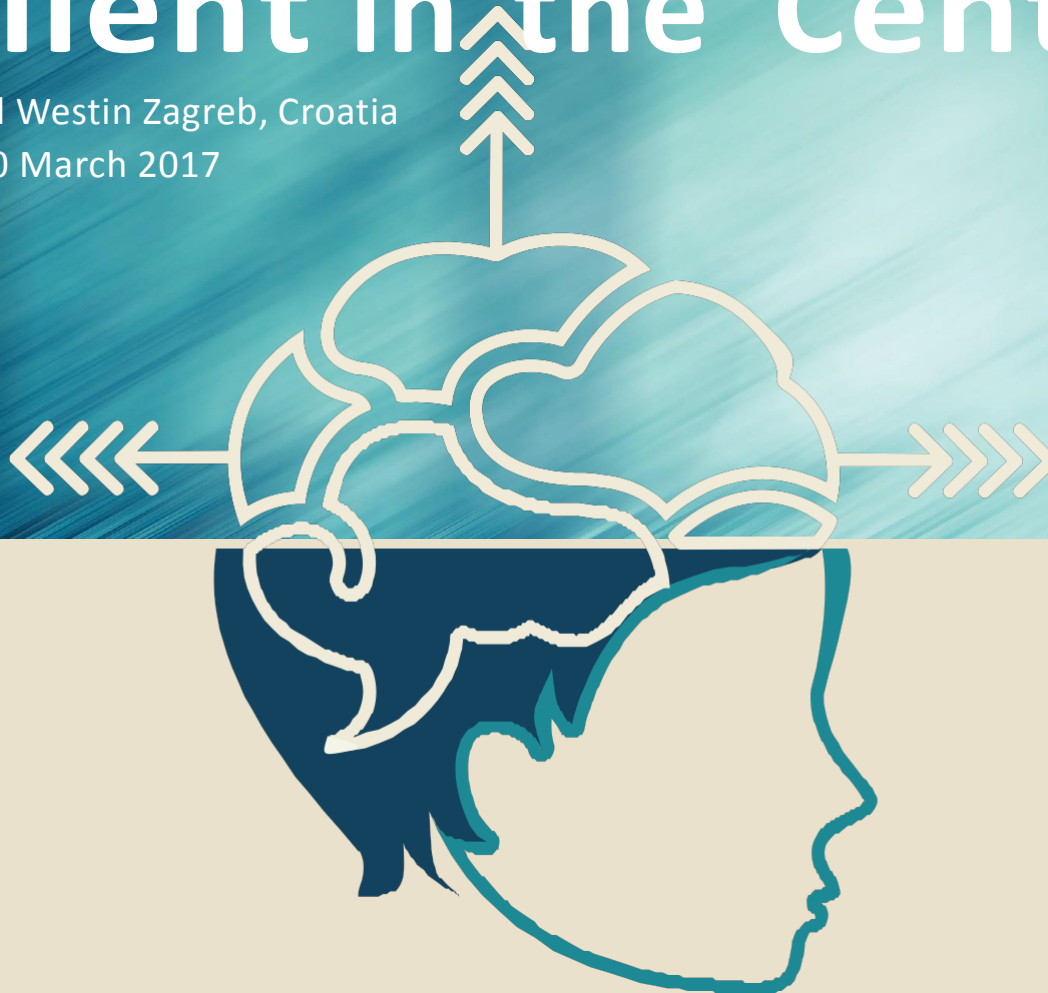


International Conference on Mental Health Care in the Community

Client in the Centre

Hotel Westin Zagreb, Croatia

9 - 10 March 2017



Organisation



HZJZ



Trimbos
instituut
Netherlands Institute of
Mental Health and Addiction



Croatian
Society for Clinical
Psychiatry



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Scope and purpose

Mental health services are undergoing continuous development and shaping. In modern mental health care, the focus is on recovery.

Recovery means that a person can use again his or her own skills, and that symptoms of a mental disorder or challenge are not hindering.

To use one's skills, it is necessary to be in the community. It is important to be connected to one's own surrounding, own family and friends, own social environment.

1. The starting point of mental health care should be close to where people live and where people want to be successful.

Organizing community-based mental health care teams and working with them could be a state-of-the-art answer to the needs of people with (severe) mental health problems.

2. Across Europe, some countries have been working for decades on bringing mental health care into communities, which led to significant improvements in the lives and health of people with mental health problems. Other countries have produced mental health strategies and started to implement community-based care, with successes and challenges.

Isolation and exclusion will not help them recover.

Many countries all over the world have built, or are building a community-based system to address the needs of the clients. People with mental health problems asking for help are always in need of several things. They are not only patients, but they are also human beings with wishes and possibilities, which means that they are clients and should be in the centre of the decision-making process about what they need at all levels.

3. The EU situation is interesting because of many differences, but also similarities. At the EU level, policy-making can help in giving direction. Sharing information among countries is also important.

The conference will offer an opportunity to share knowledge and learn about community-based mental health care: what are the principles, how you can organize it, what are the experiences of different countries?

It will give the opportunity to exchange information, to connect with other countries and to get ideas to innovate and be progressive.

Programme themes

stigma, awareness, organisation, integrated care, recovery, community teams, user participation, peer workers, country experiences, after care, position of different disciplines and services, care pathway, policy, mental health care vision, how to involve communities

Conference programme

The program is built like a circle: it starts with a creative, client-centered introduction, from learning about the situation all over the world, to different parts of community-based mental health care, choosing between workshops on specific topics, learning about stigma and how it all comes together in what can be a vision.

From that vision, you can build a system and a pathway with all the parts. The circle is round, it has no end. Only then you can start evaluating your system. It never stops.

Who is invited?

People involved in the mental health care are invited to attend the conference, including clients or users, health professionals and policy makers.

Organisation

The international conference in community-based mental health is organised by the Croatian Institute of Public Health, together with the Trimbos Institute, the Netherlands Institute of Mental Health and Addiction, Croatian Medical Association-Croatian Society for Clinical Psychiatry and Croatian Psychiatric Association, in partnership with the City of Zagreb- City Office for Health and the European Community based Mental health Service providers Network (EuCoMS).

Conference organising committee:

Assoc. prof. Danijela Štimac Grbić, MD, PhD;
Ivana Pavić Šimetin, MD, PhD;
prof. Slađana Štrkalj Ivezić, MD, PhD;
Ivana Portolan Pajić, MD;
Linda Rossini Gajšak, MD;
Dr. Ionela Petrea;
Hugo Koetsier, MD.

Secretariat: Irena Bohač, Ana Irena Hudi

The conference is held under the high auspices of Kolinda Grabar-Kitarović, President of the Republic of Croatia, the Croatian Parliament and under the auspices of the City of Zagreb and the Ministry of Health of the Republic of Croatia.

English is the official language of the conference.

Programme

Day 1: 09 March 2017

CHAIRS: Danijela Štimac Grbić, Hugo Koetsier

9:00 - 9:30 **Registration**

9:30 - 10:00 **Theatre play, creative start**

Theatre play "On the other side of the looking glass, creative start"
Ludruga and Trešnjevka Cultural Center (CeKaTe)

10:00 - 10:10 **Welcome and introduction**

Asst. prof. Krunoslav Capak, MD, PhD, Director-General of the Croatian Institute of Public Health
Hugo Koetsier, MD, Resident Twinning Advisor (RTA) for the Twinning project "Ensuring Optimal Health Care for People with Mental Health Disorders"

10:10 - 10:50 **Opening addresses**

H.E. Mrs Ellen Berends, Ambassador of the Kingdom of the Netherlands to Croatia
Mr. Tomislav Dulibić, State Secretary, Ministry of Health of the Republic of Croatia
Mr. Milan Bandić, Mayor of the City of Zagreb
Mrs. Petrana Brečić, MD, PhD, special envoy of the President of the Republic of Croatia
H.E. Mr. Božo Petrov, MD, MSc, Speaker of the Parliament of the Republic of Croatia

10:50 - 11:20 **Coffee break**

11:20 - 11:30 Guadalupe Morales, Mundo Bipolar, [vice president of the European Network of (ex) users and survivors of psychiatry]

11:30 - 11:50 **Mental Health in the European context: Policy Perspective**

dr. Ionela Petrea, Head of Trimbos International, Trimbos Institute Leader, EU Compass for Mental Health and Well-Being

11:50 - 12:10 **Community-based Mental Health Care: Service Perspective**

prof. Mirella Ruggeri, MD, PhD, Head of the WHO Collaborating Centre in Verona and Board Member, European Community based Mental Health Service providers (EuCoMS) Network



12:10 - 12:30 **The Australian Situation**
Ivan Frkovic, Deputy Chief Executive Officer, Aftercare, Australia

12:30 - 13:30 **Lunch Break**

13:30 - 15:00 **Shaping Mental Health Services – experiences and challenges in developing community mental health services in different countries**

Tatiana Zatic, MD, and Jana Chihai, MD, Republic of Moldova
Raluca Nica, Romanian League for Mental Health, Romania
Martina Rojnić Kuzman, MD, PhD, Croatia
Rob van Grunsven, clinical psychologist, the Netherlands

15:00 - 15:30 **Coffee Break**

15:30 - 17:00 **Parallel Workshops**

1. Expectations from the Community, Police:

[Moderator: Ivana Pavić Šimetin]
Hans Slijpen, the Dutch Police
Ivo Jakić, Croatian Ministry of the Interior, Zagreb

2. The Position of Users as Policy-Makers, Umbrella Organisation in Croatia?

[Moderator: Raluca Ileana Nica]
Fundación Mundo Bipolar, Svitanje, Ludruga, Little Sparrows, Feniks, Lukjernica and others

3. Workshop for the media and users: How to Involve Communities in Mental Health Care [Part One: 15:30-19:00]

[Moderator: Ivan Ćelić]
Ivana Portolan Pajić, MD, City of Zagreb
Ivan Ćelić, MD, member of the Croatian Parliament
Nico Adrichem, GGZ Noord-Holland-Noord
Danijela Štimac Grbić and Hugo Koetsier

4. F-ACT as model, using the CT Planning Screen

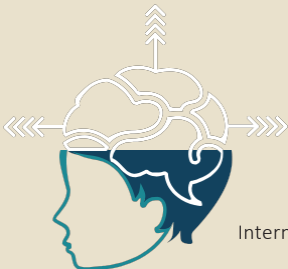
[Moderator: Martina Rojnić Kuzman]
Edwin Beld, MD, GGZ Noord-Holland-Noord
José de Jager, psychologist, GGZ Noord-Holland-Noord



Programme

Day 2: 10 March 2017

- 9:00 - 9:30 **Stigma in Mental Health**
prof. Norman Sartorius, MD, PhD
- 9:30 - 10:00 **Self-Stigma**
prof. Slađana Štrkalj Ivezić, MD, PhD
- 10:00 - 10:30 **Stigma from the Perspective of Users**
Vlatka Ročić-Petak, expert by experience and sociologist
- 10:30 - 11:00 **Coffee Break**
- 11:00 - 12:30 **Shaping Mental Health Services – Experiences and Challenges in Developing Community Mental Health Services**
Pavel Rican, MD, the Czech Republic
Alexandar Tomcuk, MD, National Centre for Mental Health, Montenegro
prof. Jeroen Decoster, MD, Belgium
prof. Mirella Ruggeri, MD, PhD, Italy
- 12:30 - 13:30 **Lunch Break**
- 13:30 - 15:00 **Parallel Workshops**
- 1. The Role of Different Stakeholders in Mental Health**
[Moderator: Dijana Mayer]
Zvonimir Penić, Ministry of Justice
Ivan Frkovic, Deputy Chief Executive Officer, Aftercare, Australia
- 2. Recovery**
[Moderator: Hugo Koetsier]
Rob van Grunsven, psychologist, GGZ Noord-Holland-Noord
Pauline Kuin-van der Jagt, expert by experience, GGZ Noord-Holland-Noord



3. Motivational Interviewing

[Moderator: Ivana Pavić Šimetin]

Harry Gras, nurse, Altrecht GGZ, Utrecht

José de Jager, psychologist, GGZ NHN

Ivana Pavić Šimetin, MD, PhD, Croatian Institute of Public Health

Josipa Lovorka Andreić, Office for Combating Drug Abuse of the Government of the Republic of Croatia

4. The Role of Peer Workers (experts by experience) Workshop for the media and users [Part Two 13:30 - 17:00]

[Moderator: Danijela Štimac Grbić]

Cassandra Barkman, expert by experience, Altrecht GGZ, Utrecht

Alen Orešković, expert by experience and nurse, Psychiatric Hospital "Sveti Ivan"

15:00 - 15:30

Coffee break

15:30 - 16:00

A Vision and Building a System

Hugo Koetsier, MD

16:00 - 16:30

Pathways of Care: How to Connect Different Components of the System

prof. Danijela Štimac Grbić, MD, PhD

16:30 - 17:00

Closing remarks: what did we learn?

Assoc. prof. Danijela Štimac Grbić, MD, PhD

Hugo Koetsier, MD





stigma

awareness

integrated care

recovery

community teams

user participation

peer workers

Organisation



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